Mary I. Yarbrough, MD, MPH, FACOEM

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Education:

- Vanderbilt University, Nashville, TN, Bachelor of Science., 1976, Biomedical Engineering
- Vanderbilt University, Nashville, TN, Doctor of Medicine, 1981, Medical School
- Johns Hopkins University, Baltimore, MD, Masters of Public Health, Emphasis in International Health, 1990, School of Hygiene & Public Health
- Internship, Vanderbilt Medical Center, Internal Medicine, 1981-1982
- Residency, Vanderbilt Medical Center, Internal Medicine, 1982-1984
- Residency, Johns Hopkins University, Preventive Medicine, General Preventive Medicine & Public Health, 1989-1991

Licensure and Certification:

- Medical license in the State of Tennessee, #15408
- American Board of Internal Medicine, Internal Medicine, 1987
- American Board of Preventive Medicine, General Preventive Medicine and Public Health, 1993
- American Board of Preventive Medicine, Occupational Medicine, 1998

Academic Appointments:

- Assistant Professor of Health Policy (formerly Preventive Medicine), School of Medicine, Vanderbilt University, 1994
- Assistant Professor of Internal Medicine, School of Medicine, Vanderbilt University, 1994
- Associate Professor of Internal Medicine, School of Medicine, Vanderbilt University, 2007

Hospital Appointments

• Vanderbilt University Medical Center, Nashville, Tennessee

Employment:

1/77- 7/77 Vanderbilt University Medical Center, Biomedical Engineer, Nashville, TN

1/86- 5/89 National Emergency Services, Director of Emergency Services, University Medical Center, Lebanon, TN

1/86- 6/89 International YMCA, Consultant in International Community Development, Nashville, TN

7/90- 8/91 World Health Organization, Geneva, Switzerland, Consultant

10/91-2/94 Tennessee Department of Health, Director of Environmental Epidemiology, Nashville, TN

3/94- 11/96 Vanderbilt University and Medical Center, Director of Employee Health Services, Nashville, TN

- Vanderbilt University and Medical Center, Medical Director of the Occupational Health Clinic
- Vanderbilt University and Medical Center, Medical Director of Employee Assistance Program
- Vanderbilt University, Medical Director of Health Plus (Health Promotion and Prevention)

3/95-2/00 Vanderbilt University Medical Center, Medical Director of the First Assessment Center, Nashville, TN

12/96- Present Vanderbilt University and Medical Center, Executive Director of Health and Wellness, Nashville, TN

12/98- Present Vanderbilt University and Medical Center, Director of Faculty and Physician Wellness Program,

Nashville, TN

2002- Present Vanderbilt University and Medical Center, Director of the Vanderbilt Center for Occupational and

Environmental Medicine, Nashville, TN

1/2013- Present Medical Director, of Employer Services, Vanderbilt Health Affiliated Network, Nashville, TN

Professional Organizations:

International Service & Affiliates

- World Health Organization, Geneva, Switzerland 1990 -1991
 - Promotion rational drug use
 - Case management of dysentery for the Program for the Control of Diarrhea Diseases.
- International YMCA 1981 1989
 - o International Community Development Zambia
 - o Kapuchian Refugee Community Integration

National Service & Affiliates

- National Council for International Health 1989 2002
- American Public Health Association 1991-1995
- American College of Occupational and Environmental Medicine 1991 to present
 - o Section on Medical Center Occupational Health 1991 to present
 - o House of Delegates 1997-2005

- o 1997 State-of-the-Art Planning Committee
 - Medical Component
 - Scientific Session
- o Bylaws Committee 1999 2005
- o Section on Corporate Medical Directors 2002 to present
- o 2002 State-of-the-Art Planning Committee
 - Liaison TN Industrial Hygiene and Occupational Medicine
- Section on Health and Productivity 2004 present
 - Corporate Health Achievement Award Subcommittee
- o Board of Directors 2005-2008
 - Chairperson Council on Occupational & Environmental Medicine 2005-2006
- o Public Affairs Committee 2006-present
 - Co-Chairperson 2006-2008
- American Medical Association 2004- present

State Services & Affiliates

- Wilson County Emergency Planning Committee 1988
- Tennessee Public Health Association 1991- 1995
- Tennessee Medical Association 1991 to present
 - o Representative to Worker's Compensation Cost Containment 1999 present
- Tennessee Women in Medicine 1994 to present
- Tennessee College of Occupational and Environmental Medicine 1994 to present
 - o President 2000 2001
 - o Vice President 1999 2000
 - o Secretary/Treasurer 1998 1999
 - o Board of Directors 1997 2005
 - o Conference Director Fall 1999, Spring 2000, Fall 2001, Fall 2003
- Governor of Tennessee's Blue Ribbon Independent Panel to review the operation of the Department of Energy Toxic Substances Control Act (TSCA) incinerator at the East Tennessee Technology Park
 - 1997 1998
 - o Chairwomen of Medical Subcommittee 1997 1998
- Nashville Association of Medicine
 - o Nominating Committee 2007-2009
 - o Communication Committee 1997 2005
 - o Alternate Delegate 1999 2009
- Delegate 2008Workers' Compensation Medical Care Cost Containment Committee, TN Department of Labor, 1999 to present
 - o Co-chair 2004 to present
 - o 2004: Oversight of fee schedule draft/implementation
- Workers' Compensation Medical Cost Advisory Committee, TN Department of Labor,
 2014 to present

Professional Activities:

Intramural

- Vanderbilt University Institutional Safety Committee 1994 1998
- Vanderbilt University Medical Center Infection Control 1994 to 2005
- Vanderbilt University Medical Center Safety Committee 1994 to 2008, 2010- present
 - Vanderbilt University Medical Center Human Resource Representative 1994 -1999
- Vanderbilt Medical Group Informatics Committee 1997 1999
- Vanderbilt University Medical Center International Medical Education Experiences Committee 1997 -2004
 - o Chair of the Scholarship Subcommittee 2002-2004
- Vanderbilt University Ergonomic Oversight Committee 1998 -2007
- Vanderbilt Medical Center Medical Board 1998
- Vanderbilt University Physician Wellness Committee 1998 to present
 - o Chairwoman of Relapse Prevention Subcommittee 1998
 - o Educational Executive Committee 2009- present
- Vanderbilt University Radiation Safety Committee 1999 2002
- Vanderbilt University Return To Work Program Committee 2000 2007
- Vanderbilt University Medical Center Human Gene Transfer Advisory Group 2000 -2002
- Vanderbilt Administrative Compliance Committee 2000 to present
 - o OSHA Subcommittee 2002 to present
- Vanderbilt University Health Care Cost Containment Committee 2002 to 2010
- Vanderbilt Patient Safety Executive Committee 2003 -2006
- Vanderbilt Medical Center Quality Council 2003- 2010
- Vanderbilt Disaster Planning Committee 2004 -2008
- Division of General Internal Medicine Executive Committee 2006-2010
- Vanderbilt Medical Center Safety Steering Committee 2006-2008
- University Faculty Senate, School of Medicine Representative, 2007- 2010 term and 2010-2013 term
 - o Faculty Life Committee 2008- 2010
 - o Senate Task Force on Governance 2010-2011
 - o Chairwoman of Student Alcohol and Prescription Drug Task Force, 2010- 2013
- Vanderbilt Benefits' Formulary Review Committee 2009- present
- Vanderbilt University Quality Council Committee 2008- 2010
- Vanderbilt University Quality & Patient Safety Council 2010- 2014
- Vanderbilt Value Based Care Wellness Initiative, 2010-2011
- Vanderbilt Learning Collaborative on High Risk Drinking, 2011
- Vanderbilt University Medical Center Patient Safety Committee 2007- 2009
- Vanderbilt University Medical Center, Center for Health Promotion and Disease Management Committee 2008- 2010
- Vanderbilt Children's Hospital, Care for the Caregiver Committee 2009- 2014

Hospital Service

- University Medical Center Critical Care Committee 1986 1988
 - o Code Committee, Chairperson 1987 1988
- University Medical Center Medicine Committee 1986 1988

- University Medical Center Pharmacy and Therapeutics, Chairperson 1987
- University Medical Center Hospital Executive Committee 1988
- University Medical Center Quality Assurance 1998

Extramural

- YMCA International Committee 1987 1989
- International House Governing Committee 1988 1989
- Tennessee Department of Health Information Council 1991 1994
- Oak Ridge Health Advisory Steering Panel 1991 1994
- Tennessee Cancer Reporting Advisory Council 1992 1994
- Childhood Lead Poisoning Prevention Program Coalition 1993 -19 97
- Vanderbilt University TB Task Force, Chairwoman 1994 2000
- Vanderbilt University Safety Task Force 1994 1995
- Vanderbilt University Center for Better Health, Nissan Motors Benefits Design Retreat, Nashville, TN, 2004
- UL Pure Safety's User Summit: Industry Leader Insights: Shaping the Future of Health and Safety, Nashville, TN 2012
- Healthy Eating & Active Life Style (HEAL) Summit, Nashville, TN, 2012
- Benfield "New Solutions for Obesity Management" Workshop, Chicago, IL, 2012
- U.S. Chamber of Commerce Healthcare Summit, Rewarding Innovation and Improving Transparency Panel Discussion, Washington, DC, 2012
- Institute of Medicine and National Research Council Research Priorities to Inform Public Health and Medical Practice for Domestic Ebola Virus Disease (EVD): A Workshop, Washington, DC, 2014

Certifications

Medical Review Officer

American College of Occupational and Environmental Medicine, 1996, 2001, 2007

• Breath Alcohol Technician

Training Course for Proficiency in 49 CFR Part 40 Procedures and Proficiency in Operation of EBT

1996, 2001, 2007

Spirometry

Attendance and Examination for Spirometry Workshop, NIOSH Course Approval # 105, 1996

Audiology

Attendance and Examination for Audiology, CAOHC Approval Course, Director #858, 1996, 2001, 2006

Professional Fellowship:

- Fellow of the American College of Occupational and Environmental Medicine, 2002
- Fellow of the American College of Preventive Medicine, 2010

Awards & Recognition:

• Luce Scholar, Selected by the Henry Luce Foundation and assigned to the "Flying Doctor" helicopter clinic in Sabah, East Malaysia to develop and direct a program for the evaluation and planning of rural community health care systems and urban emergency services, 1984-1985

- Corporate Health Achievement Award, Vanderbilt University was a 2002 recipient of
 the Corporate Health Achievement Award which is awarded by the College of
 Occupational and Environmental Medicine in recognition of exemplary occupational
 medicine programs. Vanderbilt was the first academic institution or medical center ever
 honored with this award.
- C. Everett Koop National Health Award, Vanderbilt University was a 2008 recipient of the C. Everett Koop Award from the Health Project a private-public organization that seeks out, evaluates, and promotes and distributes programs with demonstrated effectiveness in influencing personal health habits and the cost effective use of health
- Fortune Magazine's 100 Best Companies: Vanderbilt was named one of the top 100 best places to work in the United States in Fortune magazine; it is the first university ever to be named to the list. 2008
- Nashville Scene Best of Nashville Award: In 2008, the Nashville Scene publication voted the Vanderbilt Child Care Program one of the top three centers in Nashville by voters in the reader's poll.
- The American Heart Association Fit-Friendly Companies Award: Vanderbilt received the Platinum Award for recognition of companies that have demonstrated a commitment to fitness and nutrition in the workplace and well as demonstrate at least one behavior change program, one cost-savings outcome and one program that positive return on investment. 2008, 2009, 2010, 2011, 2012, 2013.
- The Governor's Council on Physical Fitness and Health Shining Star Award: The Governor's Council on Physical Fitness award in recognition of the efforts of the contribution to the promotion of healthy lifestyles by groups of Tennesseans.
- NIOSH Stakeholder Grant Presentation, Awarded first place honors for the poster "Demonstration of Sentinel Surveillance System for Continuous Monitoring of Personal Protective Equipment (PPE)" at the 2009 NIOSH Stakeholder Grant Meeting in Pittsburg, PA. 20009
- Nashville Business Journal's Healthiest Employer: Large Employer Division, The
 employers are judged by a national panel of experts independent of the Journal and
 business interests. Criteria for the award include cultural commitment, foundational
 components, strategic planning, programming and intervention, and reporting and
 analysis. 2010, 2011, 2012, 2013, 2014
- Guineness World Record: Vanderbilt set a new Guinness World Record, more than doubling the existing record, with 12,850 flu vaccines in 8 hours and 14,082 vaccines for the entire day. 2011
- 2012 Communicator Award Honoring Excellence in Marketing and Communication: Faculty/Staff Health & Wellness received the award for the 2011 Game Plan for Your Health video, which is part of the Go for the Gold program. The video, titled *Detect and Protect* educated faculty and staff on the importance of obtaining preventive health screenings and having a primary care provider. 2012
- 2012 National Influenza Vaccine Summit (NIVS) Immunization Excellence Award: The Vanderbilt Fluapalooza mass vaccination event received a 2012 NIVS Immunization Excellence Award of Honorable Mention in the Corporate Campaign division by the National Influenza Vaccine Summit for Outstanding Efforts during flu season. 2012
- **Mayor's Workplace Challenge Award:** In April 2013, Vanderbilt University was recognized for achieving the Gold Level. This challenge recognizes Vanderbilt's efforts to make the work environment an easier place to be healthy while also supporting the goal of making Nashville a healthier city.

- **Best Employers for Healthy Lifestyles**® **Award:** Vanderbilt was recognized for this award in the Gold category by the National Business Group on Health This award recognizes Vanderbilt for creating cultural and environmental changes that support employees who are committed to long-term behavior changes. 2013, 2014
- Global Healthy Workplace 2014: Vanderbilt University was named second in the world for its programs to enhance the physical and mental health and safety of its employees throughout the University and Medical Center. 2014
- 2014 Healthiest 100: Vanderbilt was recognized by Healthiest Employers as one of the healthiest 100 workplaces in America through sustainable success in employee wellness initiatives. Vanderbilt attained this recognition after a year-long, two-stage assessment process, which included companies of all sizes from all regions and industries. 2014
- Innovation in Reducing Health Care Disparities Award: Vanderbilt was recognized by the National Business Group on Health for innovative approaches to reducing health care disparities. This award demonstrates Vanderbilt's commitment to meeting the various cultural, linguistic, and ethic needs of the community. 2014
- **Health Care Hero**, Recognition by the Nashville Business Journal of the people whose work is reinforcing Nashville as the health care capital of the nation, 2014

Teaching Activities:

- CDC Workshop in Budget Preparation for Grants, Atlanta, GA, 1992
- Vanderbilt School of Arts and Science
 - o French Literature: Apparent Environmental Plagues 1993
- Preventive Medicine Occupational Medicine Lecture for School of Medicine, 1993, 1998
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- OSHA Faculty and Staff Update 1994 -97
- Vanderbilt School of Engineering
 - o Biomedical Engineering: Biomedical Engineers as Physicians 1994
- Housestaff Orientations to Health & Wellness, Vanderbilt Medical Center, 1994- Present
- Vanderbilt Graduate School of Management
 - o Looking Glass Corporate Simulation 1996 -1999
- Internal Medicine
 - o Occupational Medicine Resident's Conference 1996
- Vanderbilt University Medical School, Physical Diagnosis, 1997-2002
- Vanderbilt Corporate Health Services Workers Compensation Seminar
 - o Future of Occupational Medicine 1998
- Chief Resident Workshop, Understanding Leave, ADA, FMLA and Health Administration, Vanderbilt University & Medical Center, 2001- Present
- Vanderbilt Human Resources Training and Organizational Development
 - o Managing Quality Service 2001
 - o Managing Leave 2002
- Dean's Academic Leadership Program, Workshop for School of Medicine Leadership, Faculty & Physician Wellness, Vanderbilt University Medical Center, 2004-2008, 2010-2012
 - Faculty & Physician Wellness, Vanderbilt University Medical Center, 2005 2008
 - Faculty Orientations to Health & Wellness, Vanderbilt Medical Center, 2006-Present

- GCRC (General Clinical Research Center) Research-Skills Workshop, Vanderbilt University Medical Center
 - o How To Reduce Stress Level in the Clinical Research Environment, 2006
- "Women on Track" Conference, Nashville, TN, 2006
 - o Psychological Stress among Faculty and Housestaff
- Vanderbilt University Neonatology Lecture Series, Nashville, TN, 2008
 - Stress and Time Management
- Clinical Pharmacology Grand Rounds, Vanderbilt University, Nashville, TN, 2008
 - Reducing Workplace Stress
- Faculty Orientations to Health & Wellness, Vanderbilt University, 2008 Present
- Anesthesiology Grand Rounds, Vanderbilt University, Nashville, TN, 2008
 - Substance Abuse: An Integrated Program Approach to Occupational Medicine Program.
- Vanderbilt University, CDC: Engaging Stakeholders in Expanding Occupational Health Surveillance within the National Healthcare Safety Network (NHSN), Pittsburg, PA, 2009
 - o Development of an Occupational Health Information System for Surveillance
- Vanderbilt Corporate Health Annual Conference: Medical Management of the Injured Worker, Murfreesboro, TN, 2009
 - o Health & Wellness & the Bottom Line
- Vanderbilt University Marketing Studies Program: Nashville, TN, 2009
 - o Marketing Studies Program: Behavioral Health
- Division of Trauma and Surgical Critical Care, Vanderbilt University Medical Center, 2010
 - o Support Services of the Faculty and Physician Wellness Program
- Division of Surgical Critical Care and Acute Care Surgery Fellows, Vanderbilt University Medical Center, 2011
 - o Support Services of the Faculty and Physician Wellness Program
- The Department of Anesthesiology Grand Rounds, Vanderbilt University Medical Center, 2011
 - Where Do Angels Tread
- Vanderbilt Corporate Health Annual Conference, Murfreesboro, TN, 2011
 - o Medical Management of the Injured Worker, , Moderator
- Division of Pediatric Neurology Grand Rounds, Vanderbilt University Medical Center, 2011
 - o Support Services of the Faculty and Physician Wellness Program
- Vanderbilt University School of Nursing Academic Leadership Program, 2012
 - Human Resource Management Processes and Challenges When the Faculty Member is Off Campus
- Vanderbilt University Medical Center Medical Board, Nashville, TN, 2012
 - o Q3 QPI Report Physician Wellness Committee
- Chief Residents' Leadership Workshop, Vanderbilt University Medical Center, 2012
 - Where the Rubber Hits the Road (supervisory and legal responsibilities of Chief Residents)
- Division of General Internal Medicine & Public Health Grand Rounds, Vanderbilt University Medical Center, 2012
 - Where Angels Fear to Tread: Behavioral Support for Faculty & Physicians

Research Program:

Project Title: Childhood Lead Poisoning Prevention Program Funded by: DHHS – Centers for Disease Control and Prevention

Grant: \$350,000 with progressive increases

1992 original grant

• Project Title: Oak Ridge Health Studies

Funded by: United States Department of Energy

Grant: \$12,400,000

1992 - 97

• Funded by: Centers for Disease Control and Prevention

Project Title: Demonstration and Sentinel Surveillance System for Continuous

Monitoring

Contract: \$361,142

Additional Funding: \$85,994

10/1/2009-9/30/2011 Extension: \$301,949 10/1/2011-6/30/2012 Extension: \$122,293 8/15/2012-8/14/2013 Extension: \$99,971 10/1/2013-8/31/2014 **Total Amount: \$971,349**

Publications:

Oak Ridge Health Study Bulletin

"Comments on Health Studies", Yarbrough, Mary, Tennessee Department of Health, Vol. 1, No. 1. September 1992

Oak Ridge Health Study Bulletin

"What is an Epidemiological Study", Yarbrough, Mary. Tennessee Department of Health, Vol. 2, No. 1. March 1993

Tennessee Medicine: Journal of the Tennessee Medical Association

"Oak Ridge Health Studies Agreement", Yarbrough, Mary. March 1993:113

Oak Ridge Health Study Phase I Overview, Volume i.

Yarbrough, Mary, Van Cleave, Mary, Turri, Pat, et. el. Tennessee Department of Health. September 1993

Worksite Health

"Vanderbilt Integrates Health Promotion and Human Resources", Cavanaugh, Kyle, Yarbrough,

Vol. 3, No. 2. Spring 1996:14-17.

Tennessee Medicine: Journal of the Tennessee Medical Association

"Preventing Childhood Lead Poisoning in Tennessee", <u>Yarbrough, Mary</u>, Holmes, Marilyn, November 1996:415-416.

Tennessee Medicine: Journal of the Tennessee Medical Association

"Childhood Lead Poisoning – A Case Study", Holmes, Marilyn, <u>Yarbrough, Mary</u>. May 1997:193-196

Infectious Diseases in Clinical Practice

"Acceptance of an HIV Indemnity Plan by House Staff", Kirchner, Fred, Schaffner, William, Yarbrough, Mary. 1997;6:576-579

"Health and Productivity Toolkit", American College of Occupational and Environmental Medicine (Acknowledgement), 2006

Seven-Year Trends in Employee Health Habits From a Comprehensive Workplace Health Promotion Program at Vanderbilt University: Daniel W. Byrne, MS, Ron Z. Goetzel, PhD, Paula W. McGown, MSN, MAcc, RN, FNP-BC, CPA, Marilyn C. Holmes, MS, RD, LDN, Meghan Short Beckowski, MPH, Maryam J. Tabrizi, MS, Niranjana Kowlessar, PhD, and Mary I. Yarbrough, MD, MPH, FACOEM, FACPM; JOEM Vol 53, No. 12, December 2011

Health Risk Factor Modification Predicts Incidence of Diabetes in an Employee Population Results of an 8-Year Longitudinal Cohort Study: Lori Rolando, MD, MPH, Daniel W. Byrne, MS, Paula W. McGown, MSN, Macc, RN, FNP-BC, CPA, Ron Z. Goetzel, PhD, Tom A. Elasy, MD, MPH, and Mary I. Yarbrough, MD, MPH, FACOEM, FACPM; JOEM Vol 55, No. 4, April 2013

Relationship Between Physical Inactivity and Health Characteristics Among Participants in an Employee-Wellness Program: Gurjeet S. Birdee, MD, MPH, Daniel W. Byrne, MS, Paula W. McGown, MSN, MAcc, RN, FNP-BC, CPA, Russell L. Rothman, MD, MPP, Lori A. Rolando, MD, MPH, Marilyn C. Holmes, MS, RD, LDN, and Mary I. Yarbrough, MD, MPH; JOEM Vol 55, No. 5, May 2013

Invited Lectures

- Tennessee Department of Health
 - o Childhood Lead Poisoning and Nutrition 1992 and 1993
- International Week Lecture 1992 and 1994
 - o Community Planning and Evaluation
- Tennessee Public Health Association
 - o Childhood Lead Poisoning and Environmental Evaluation 1993
- United States Department of Energy
 - o Oak Ridge Reservation Off-Site Releases 1993
- Center for Disease Control and Prevention, Preventive Medicine Residency Program, 1994
- American College of Occupational and Environmental Medicine
 - o "TB or Not TB", 1997 State-of-the-Art Conference
 - o "Drug Screening Do You Believe", 1997 State-of-the-Art Conference
 - o Total Quality Improvement, AOHC 2002

- Gobbell Hays Partners, Inc. Indoor Air Quality Seminar
 - Medical Implications of Indoor Air Quality 1998
- American Industrial Hygiene Association of Middle Tennessee
 - Post Incident Injury Management of Ergonomic Injuries and Illnesses, 2001
- Tennessee College of Occupational and Environmental Medicine
 - o Helping the Impaired Physician 2001
 - o Total Quality Improvement 2002
- AMA (American Medical Association) International Conference on Impaired Physicians
 - Supporting the Impaired Physician through a Physician Wellness Program, 2002.
- Southern Surgical Association
 - o Physician Wellness Programs in Academic Medical Centers, 2002
- AMA International Conference on Impaired Physicians, Vancouver, BC.
 - o Workshop to Establish a Physicians' Wellness Program, 2002
- CDC/NIOSH Joint Conference: Steps to a Healthier Workforce, Washington, DC
 - o Health and Wellness at Vanderbilt: An Integrated Program Approach, 2004
- Corporate Health Case Management Conference, Nashville, TN
 - o Success in Worker's Compensation: A Medical Team Approach, 2004
- Leadership Development for Junior Faculty in the Basic Sciences, Workshop for School of Medicine Junior Faculty, 2004, 2008
- IAEAPE (International Employee Assistance Programs in Education) Conference, Nashville, TN, 2006
 - Performing Behavioral Support for Physicians: EAP Programs that Target Faculty and Others in Need.
- TERRA (Tennessee Employment Relations Research Association) Conference, Nashville, TN, 2006
 - o A Physicians Perspective on Workplace Health.
- Joint Commission Resources National Webcast, 2006
 - Focus on Safety: Addressing Worker Substance Abuse in the Health Care Environment
- HCA's (Hospital Corporation of America) 2006 National Workers' Compensation and Employee Injury Conference, Nashville, TN
 - o Effective Employee Health Programs, 2006.
- Ryan Associates 21st Annual Conference, Nashville, TN, 2007
 - o Handling Competing Priorities in Occupational Medicine with Integrity
- Joint American College of Environmental Medicine, State of the Art –International Conference on Healthcare, Vancouver, BC, 2007
 - Development of an Occupational Health Information System for Tracking Compliance.
- Southern Region CUPA-HR (College & University Professional Association for Human Resources) Conference, New Orleans, LA, 2007
- Vanderbilt Bar Association, Nashville, 2008
 - o Employer's Perspective on Substance Abuse in Professionals
- Tennessee College of Environmental Medicine Conference, Chattanooga, TN, 2008
 - o Occupational Medicine in the 21st Century
- Leadership Development for Women in Healthcare Conference, Cleveland, OH, 2008
 - Wellness Management in Academics: Core Programs for Productivity and Retention

- American Occupational Health Conference, New York, NY, 2008
 - Vanderbilt's Physician Wellness Program- Helping Physicians Cope with Depression, Drugs, and Disruptive Behaviors
- Meharry Medical College Occupational Grand Rounds, Nashville, TN, 2008
 - o Beyond Worker's Compensation: Occupational Medicine in the 21st Century
- Anesthesiology Associates 2009 Clinical Forum New Orleans, LA, 2009
 - o Undermining the Culture of Safety- The Disruptive Physician
- The American Heart Association- Start!: Nashville, TN 2009
 - o Start! Physical Activity Program: Vanderbilt University
- HERO Forum for Employee Health Management Solutions: New Orleans, LA, 2009
 - o Recipient of the 2008 C. Everett Koop Award: How To Workshop
- Tennessee College of Occupational and Environmental Medicine (TCOEM) Fall Conference, TN, 2010
 - o Wellness Programming "What Works in the Real World
- White House, Washington, DC, 2011
 - o ACOEM White House Briefing on Workplace Wellness
- Texas College of Occupational and Environmental Medicine Conference, Houston, TX, 2011
 - Indicators and Outcomes of Wellness Programming
- National Personal Protective Technology Laboratory Stakeholders Meeting, Pittsburg, PA, 2012
 - o Hospital Respirator Use for Protection from TB
- American College of Occupational and Environmental Medicine, Los Angeles, California, 2012
 - o HPM: The Value of Investment in Better Health
- Thompson Reuters Advantage Conference, Orlando, Florida, 2012
 - Seven-year Trends in Employee Health Habits From a Comprehensive Workplace Health Promotion Program
- VHA (Voluntary Hospitals of America) Southeast Healthcare Delivery System Summit, Orlando, FL, 2012
 - Vanderbilt Employee Wellness Program: 10 year Evolution of a Worksite Wellness Program
- International Society of Respiratory Protection (ISRP) Conference, Abstract Presentation, Boston, MA, 2012
 - o "Respirator selection and use in hospital environment (TB perspective)"
- Anesthesiology Grand Rounds, Vanderbilt University, 2013
 - o "Where Angels Fear to Tread: Behavioral Support for Faculty and Physicians"
- HERO University Summit for Faculty and Staff Health and Wellness: Unique Aspects of Universities:, Orlando, Fla., 2013
 - o "Incorporating the Academic Case with the Business Case"
- Dartmouth-Hitchcock Medical Staff, Hanover, NH 2013
 - Evolution of Health and Wellness
- Dartmouth-Hitchcock Grand Rounds, Hanover, NH, 2013
 - Disruptive Physicians
- ACGME Annual Educational Conference, Chicago, IL, 2013
 - o "Resident Health and Wellness: Thinking Beyond Time Off"
- Chief Resident Workshop Panelist, Vanderbilt University, 2013
 - o "Where the Rubber Hits the Road"

- Truven Health Advantage Conference, Scottsdale, AZ, 2013
 - o "The Big Picture: Bringing the Future into Focus"
- Division of Trauma and Surgical Critical Care Lecture, Vanderbilt University, 2013
 - Physician Burnout/EAP
- OB-GYN Faculty Meeting, Vanderbilt University, 2013
 - o "Resilience: Not Just for Sissies Anymore"
- MM&I Department of Psychiatry, Vanderbilt University, 2013
 - o "Physician Suicide"
- Health Systems, Vanderbilt University 2013
 - o "Corporate Health"
- Human Resources Women's History Month Summit, Nashville, TN, 2014
 - o "What makes you a unique as a female leader?"
- Healthy Hospitals Webinar, Cleveland, Ohio, 2014
 - "Evolving Into a Healthy Workplace"
- Occupational Medicine Faculty and Physician, Vanderbilt University, 2014
 - o "PPE Surveillance in a Medical Center"
- American Medical Association Senior Physician Annual Meeting, Chicago, IL, 2014
 - "Evaluating Impairment in the Senior Physician: Assuring Patient Safety and Physician
 Well Being"
 - Well-Being"
- Healthier Hospital Initiative Seminar with Evolent Health, Nashville, TN, 2014
 - o "Investment in Employee Health and Wellness with Research from Vanderbilt University Medical Center"
- Middle Tennessee Employee Benefits Council Seminar, Nashville, TN, 2014
 - o "Building a Health Promotion Program"
- Vanderbilt Health Affiliated Network Affiliate HR Summit, Vanderbilt University, 2014
 - o "Health Promotion and Connection"
- Association of American Medical Colleges Annual Meeting, Chicago, IL, 2014
 - "Strategies to Promote Physician Well-being and Resiliency Across the Continuum"

Abstract/Poster Presentations

- CDC/NIOSH Joint Conference, Steps to a Healthier Workforce, Washington, DC
 - Data-Driven Resources Allocation for Physicians via Integration of Health Programming, 2004
- SOTAC-ICOH, (State of the Art –International Conference on Healthcare) Abstract Poster #362203, Vancouver, BC, 2007
 - o An Integrated Approach to Employer Based Health and Well-Being Services
- SOTAC-ICOH, (State of the Art –International Conference on Healthcare) Abstract Poster #362104, Vancouver, BC, 2007
 - o Stress, Depression, and Drugs Helping Professionals at Work
- NIOSH Stakeholders Grant Meeting, Poster Presentation, Pittsburg, PA 2010
 - Demonstration of Sentinel Surveillance System for Continuous Monitoring of Personal Protective Equipment (PPE)
- NIOSH Stakeholders Grant Meeting, Poster Presentation, Pittsburg, PA 2011

- Protecting Healthcare Workers from an Airborne Respiratory Event:
 Implementing a Sentinel Surveillance System for Ongoing and Continuous
 Monitoring of PPE Usage in the U.S. Healthcare System
- Council for State and Territorial Epidemiologists Annual Conference, Poster Presentation , Pittsburg, PA, 2011
 - Protecting Healthcare Workers from an Airborne Respiratory Event: Implementing a Sentinel Surveillance System for Ongoing and Continuous Monitoring of PPE Usage in the U.S. Healthcare System
- NIOSH Stakeholders Grant Meeting, Poster Presentation, Pittsburg, PA 2012
 - o Metrics for Use in Evaluation of Hospital Respirator Programs
- Council for State and Territorial Epidemiologists Annual Conference, Poster Presentation , Pittsburg, PA, 2012
 - 6 Year Trends in Healthcare Personnel Exposures to Respiratory Infectious Hazards
- American Occupational Health Professionals (AOHP) Conference, Poster Presentation, Las Vegas, NV, 2012
 - 6 Year Trends in Healthcare Personnel Exposures to Respiratory Infectious Hazards