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Education

College

- University of Miami, Coral Gables, FL
Honors Program in Medicine (Combined BS/MD program)
Bachelor of Science, (Biology, English)
August 1999 - May 2003

Graduate School

- University of Miami, Miami, FL
Honors Program in Medicine (Combined BS/MD program)
Doctor of Medicine, *Alpha Omega Alpha*
August 2002 - May 2006
- Yale University School of Medicine, New Haven, CT
Masters of Health Sciences Research
July 2010 - June 2012
Thesis: *Standardized Data Collection Practices and the Racial/Ethnic Distribution of Hospitalized Patients*

Postgraduate Training

- Emory University School of Medicine, Atlanta, GA
J. Willis Hurst Internal Medicine Residency Program
Resident
July 2006-June 2009
- Emory University School of Medicine, Atlanta, GA
J. Willis Hurst Internal Medicine Residency Program
Chief Resident, Emory University Hospital
July 2009-June 2010

- Yale University School of Medicine, New Haven, CT
Postdoctoral Fellow, Robert Wood Johnson Foundation Clinical Scholars Program
July 2010-June 2012

Licensure and Certification:

Board Certification

- American Board of Internal Medicine, Internal Medicine
ID Number: 306134
Initial Certification: 2009
Most recent 2-year Knowledge Check-In: 2018 (next due 2021)
Currently Participating in MOC

Licensure

- Tennessee Medical License # 48956 6/26/2012-2/28/2022

Academic Appointments

- Assistant Professor of Medicine
Division of General Internal Medicine and Public Health
Vanderbilt University School of Medicine, Nashville, TN
August 2012- Present

Hospital Appointments

- Attending Physician
Yale-New Haven Hospital Primary Care Center
Primary Care Clerkship Practice-Based Physician Educator
Wednesday Evening Clinic (WEC Student Clinic)
January 2011-June 2012
- Attending Physician, Vanderbilt University Hospital, Nashville, TN
August 2012-Present

Professional Organizations (Current):

- American Association of Physicians of Indian Origin, Member
- Alpha Omega Alpha, Member
- Society of General Internal Medicine, Member
- Robert Wood Johnson Foundation Alumni Network, Member
- American Diabetes Association, Member
- Society for Women's Health Research, Member
- American College of Preventive Medicine, Member

Professional Activities:

Intramural:

- Scholar, Vanderbilt Center for Health Services Research January 2014-Present
- Core Faculty, Vanderbilt Center for Diabetes Translational Research January 2014-Present
- Investigator, Vanderbilt Pre3 Initiative: Preventing adverse Pregnancy outcomes and Prematurity September 2015-Present
- Medical Director, Health *Plus* July 2017-Present
 - Develop, implement, and evaluate Health *Plus* Workplace wellness programming available to employees of Vanderbilt University and Vanderbilt University Medical Center (<https://www.vumc.org/health-wellness/health-plus>)
- Member, Vanderbilt Center for Clinical Quality and Implementation Research (CCQIR) June 2018-Present
- Medicine Champion, Vanderbilt Health Affiliated Network (VHAN) Care Path Development Team February 2019-September 2020
 - Primary Care Representative for Type 2 Diabetes Care Path Development Team
- Faculty Coordinator, Vanderbilt Division of General Internal Medicine and Public Health Grand Rounds July 2019-Present
- Member, Vanderbilt Diabetes Research and Training Center May 2021-Present

Extramural:

- Scientific Abstract Reviewer, Society of General Internal Medicine January 2013-Present
- Scientific Abstract Reviewer, American College of Preventive Medicine February 2019-Present
- Patient Centered Outcomes Research Institute (PCORI) Reviewer, Addressing Disparities PFA April 2014-Present
- Manuscript Reviewer, Journal of Healthcare for the Poor and Underserved April 2015-Present
- Manuscript Reviewer, Journal of Perinatology November 2016-Present
- Manuscript Reviewer, Diabetes Research and Clinical Practice March 2017-Present
- Application Reviewer, Vanderbilt Center for Diabetes Translation Research Pilot & Feasibility Grants March 2017
- Manuscript Reviewer, Journal of General Internal Medicine July 2017-Present
- Vanderbilt Representative, Tennessee Diabetes Prevention Program State Engagement Meeting (STEM) Work Group organized by the Tennessee Department of Health March 2018-Present
 - Member, Middle Tennessee Regional Diabetes Coalition
- Manuscript Reviewer, Annals of Internal Medicine August 2018-Present
- Application Reviewer, Vanderbilt Diabetes Center Southeast Regional Pilot & Feasibility Grants June 2020
- Manuscript Reviewer, BMJ Open Diabetes Research & Care August 2020-Present
- Application Reviewer, NIH Special Emphasis Panel ZRG1 MOSS-T (50) R: RFAs, RM-21-021 Transformative Research July 2021

- to Address Health Disparities and Advance Health Equity
- Application Reviewer, NY Regional Center for Diabetes Translation Research Pilot & Feasibility Grants October 2021

Special Awards or Recognition for Professional Activities:

- Phi Beta Kappa, University of Miami 2001
- Iron Arrow Honor Society, the highest honor attained at the University of Miami 2005
- Alpha Omega Alpha, University of Miami Miller School of Medicine 2005
- University of Miami Miller School of Medicine Board of Trustees Scholarship 2006
- Philip R. Glade Generalist Education in Medicine Award, University of Miami Miller School of Medicine 2006
- Academic Societies Leadership Award, University of Miami Miller School of Medicine 2006
- Janet M. Canterbury Award, University of Miami Miller School of Medicine 2006
- Southern Society of General Internal Medicine Best Resident Presentation of the Year Award 2008
- Society of General Internal Medicine Lipkin Award Finalist 2008
- L. Randol Barker Award, Hopkins General Internal Medicine Housestaff Research Award 2008
- NIH Loan Repayment Contract, National Institute of Minority Health and Health Disparities 2011
- NIH Loan Repayment Contract Renewal, National Institute of Minority Health and Health Disparities 2013
- NIH Loan Repayment Contract, National Institute of Diabetes and Digestive and Kidney Diseases 2016
- NIH Loan Repayment Contract Renewal, National Institute of Diabetes and Digestive and Kidney Diseases 2020

Teaching Activities:

Current

- Undergraduate Medical Education
 - Advisor, “Extending the Reach of the Diabetes Prevention Program: A Shade Tree – Salt Wagon collaboration” April 2019-Present
Working with medical students from Vanderbilt University and Meharry Medical College to implement the National Diabetes Prevention Program via student-run free clinics in Nashville, TN
- Graduate Medical Education
 - Supervising Attending, Inpatient Internal Medicine Resident Teaching Service (Morgan), Vanderbilt University Hospital August 2012-Present

Past

- Undergraduate Medical Education

- Primary Care Clerkship Practice-Based Physician Educator Yale-New Haven Hospital Primary Care Center Wednesday Evening Clinic (Student Clinic) January 2011-June 2012
- Journal Club Leader, Yale Physician Associate Program October 2011-June 2012
- Lecturer, Vanderbilt Medical Student Elective Community Healthcare: Patients, Populations, and Systems of Care February 2013
- Lecturer, Vanderbilt Internal Medicine Core Clerkship 1 hour lecture on outpatient management of type 2 diabetes for students rotating through the Internal Medicine clerkship July 2013-June 2017
- Small Group Facilitator, Foundations of Healthcare Delivery, Vanderbilt University School of Medicine Meet every 6-8 weeks with 12 students for 4-hour seminar, provide feedback on student assignments July 2015-June 2017
- Member, Standing Assessment Committee (SAC), Vanderbilt University School of Medicine The SAC establishes best practices in assessment for the School of Medicine curriculum; members serve as liaisons to specific courses to foster best practices. August 2017-June 2018
- Graduate Medical Education
 - Supervising Attending, Vanderbilt Internal Medicine Resident Clinic August 2012-June 2017
 - Epidemiology Preceptor, Vanderbilt Internal Medicine Resident Journal Club August 2012-June 2016
 - Lecturer, Intern Ambulatory Morning Report, Vanderbilt Internal Medicine Residency Program July 2013-July 2018
1-hour lecture on diagnosis and management of type 2 diabetes for primary care physicians, occurs every other week for the first 2 months of intern year

Research Program:

Active

- R21HD10498301 (Osmundson)
Gestational diabetes drugs and perinatal outcomes in underserved populations
NIH/NICHD \$467,500 09/01/21 - 08/31/23 5% effort
Role: Co-Investigator
- VUMC92396 (34347-81322) (Chakkalakal)
DPP Expansion & Employer Coverage
CDC/State of Tennessee \$40,000 07/01/21-06/30/23 1% effort
Role: Principal Investigator

- R01AG06860601 (Keohane)
Diabetes, Dementia, and Aging at Home
NIH/NIA \$1,873,000 07/01/20 - 06/30/24 5% effort
Role: Co-Investigator
- R01DK120814-01 (Chakkalalal)
Putting Telehealth to the Test: An Evaluation of the Use of Telehealth to Increase the
Population-Level Impact of an Employer-Based Diabetes Prevention Program
NIH/NIDDK \$2,791,555 09/01/19 – 08/31/24 30% effort
Role: Principal Investigator
- VUMC 69039 (CER-2017C3-9230) (Mushlin/Chakkalalal)
Comparative Effectiveness of Metformin for Type 2 Diabetes with Chronic Kidney
Disease
PCORI \$429,484 01/01/2019-11/19/2021 20% effort
Role: VUMC Site Principal Investigator

Past:

- VUMC42609 (CDRN-1306-048) (Rothman/Roumie)
Diabetes Incidence, Prevalence, and Medications Use
PCORI Rapid Cycle \$723,419 12/01/2017–04/30/19 20% effort
Role: Co-Investigator
- Vanderbilt Diabetes Center Pilot Grant from the Wallace Family Fund in Diabetes
Research (Chakkalalal)
Improving Data Collection for Patient-Reported Outcomes in the Diabetes Prevention
Program
Vanderbilt Diabetes Center \$7,500 07/01/2018-06/30/2019 0% effort
Role: Principal Investigator
- 34352-26917 (VUMC54498) (Chakkalalal)
Vanderbilt Diabetes Prevention Program Pilot
CDC/State of Tennessee \$65,000 05/26/2015-09/30/2018 1% effort
Role: Principal Investigator
- Vanderbilt University Medical Center (VUMC) Faculty Research Scholars Award
(Chakkalalal)
Improving Peripartum Maternal Health in Gestational Diabetes Mellitus
VUMC \$300,000 03/01/15-02/28/18 75% effort
Role: Principal Investigator
- Center for Diabetes Translation Research Pilot and Feasibility Grant (Chakkalalal)
Center Grant P30DK092986 (Elasz, PI)
Weight Changes During and After Pregnancy in Women with Gestational Diabetes
NIH/NIDDK \$60,000 01/01/14-10/31/16 0% effort
Role: Principal Investigator

- 1R18DK083267 (Rothman)
Public-Private Partnership Addressing Literacy-Numeracy to Improve Diabetes Care
NIH/NIDDK \$3,157,565 07/15/10 – 12/31/16 5% effort
Role: Co-Investigator

Publications and Presentations:

Publications:

1. Ribner BS, Hall C, Steinberg JP, Bornstein WA, Chakkalakal R, Emamifar A, Eichel I, Lee PC, Castellano PZ, Grossman GD. Utilization of a Mandatory Declination Statement in a Healthcare Worker Influenza Vaccination Program. *Infection Control and Hospital Epidemiology* 2008; 29(4) 302-308. PMID: 18462141
2. Chakkalakal R, Brownfield E, Brownfield E. Panel advising: an alternative to consider. *Medical Education* 2009; 43(11) 1087. PMID: 19874507
3. Eskilden M, Chakkalakal R, Flacker J. Use of a Virtual Classroom in Training Fourth-Year Medical Students on Care Transitions. *Journal of Hospital Medicine* 2012 Jan;7(1): 14-21. PMID: 21972195
4. Chakkalakal RJ, Camp A, Magenheimer E, Savoye M, Lubsen J, Lucas G, and Rosenthal MS. Preventing Diabetes among Fair Haven Families: A Community-Based Approach to Quality Improvement. *J Health Care Poor Underserved*. 2012 Aug;23 (3 Suppl):247-54. PMID: 22864501
5. Chakkalakal RJ, Higgins SM, Bernstein LB, Lundberg KL, Wu V, Green J, Long Q, Doyle JP. Does Patient Gender Impact Resident Physicians' Approach to the Cardiac Exam? *Journal of General Internal Medicine*: 2013 Apr; 28(4):561-6. Epub 2012 Nov 9. PMID: 23138759, PMCID: PMC3599025
6. Chakkalakal RJ, Cherlin E, Thompson J, Lindfield T, Lawson R, and Bradley EH. Implementing Clinical Guidelines in Low-Income Settings: A Review of Literature. *Global Public Health*. 2013;8(7):784-95. Epub 2013 Aug 6. PMID: 23914758
7. Chakkalakal RJ, Kripalani S, Schlundt DG, Elasy TA, Osborn CY. Disparities in using technology to access health information: Race versus health literacy. *Diabetes Care* 2014 Mar; 37(3): e53-54. PMID: 24558085, PMCID: PMC3931378
8. Chakkalakal RJ, Gebretsadik T, Jagasia S, Shintani A, Elasy TA. Variation in the relationship between gestational diabetes diagnosis and total gestational weight gain by race/ethnicity. *Diabetes research and clinical practice*. 2015 Apr;108 (1):e14-7. PMID: 25661665, PMCID: PMC4388781
9. Chakkalakal RJ, Green JC, Krumholz HM, Nallamotheu BK. Standardized Data Collection Practices and the Racial/Ethnic Distribution of Hospitalized Patients. *Medical Care*. Med Care. 2015 Aug;53(8):666-72. PMID: 26147864, PMCID: PMC4503513.
10. Wolff K, Chambers L, Bumol S, White RO, Gregory BP, Davis D, Rothman RL and the PRIDE study team (Wallston KA, Barto S, Chakkalakal RJ, Schlundt DG, Kripalani S and Sizemore A). The PRIDE (Partnership to Improve Diabetes Education) Toolkit: Development and Evaluation of Novel Literacy and Culturally Sensitive Diabetes Education Materials. *Diabetes Educator*. 2016 Feb;42(1):23-33. 2015 Dec 7. Epub ahead of print. PMID: 26647414. PMCID: PMC4839957

11. White RO, Chakkalakal RJ, Presley CA, Bian A, Schildcrout JS, Wallston KA, Barto S, Kripalani S, Rothman R. Perceptions of provider communication among vulnerable patients with diabetes: influences of medical mistrust, depression, and health literacy. *J Health Commun.* 2016;21(sup2):127-134. PMID: 27662442. PMCID: PMC5540358
12. Mayberry LS, Bergner E, Chakkalakal RJ, Elasy TA, Osborn CY. Self-care disparities among adults with type 2 diabetes in the U.S. *Current Diabetes Report.* 2016 Nov;16(11):113. PMID: 27671320; PMCID: PMC5096842.
13. Chakkalakal RJ, Venkatraman S, White RO, Kripalani S, Rothman RL, Wallston KA. Validating Health Literacy and Numeracy Measures in Minority Groups. *HLRP: Health Literacy Research and Practice.* 2017. 1(2) e23-e30. PMCID: PMC5991606
14. Burks ML, Cozzi GD, Wang L, Jagasia SM, and Chakkalakal RJ. Socioeconomic status and care metrics for women diagnosed with gestational diabetes mellitus. *Clinical Diabetes* 2017;35:217-26. PMCID: PMC5669135
15. Chakkalakal RJ, Fox JP, Green JC Nunez-Smith M, Nallamotheu BK, Hasnain-Wynia R. Hospitalization Rates for Acute Myocardial Infarction among Asian-American Subgroups: Have We Been Underestimating the Problem? *J Immigr Minor Health.* 2018 Feb;20(1):20-25. PMID: 27757693; PMCID: PMC5395357.
16. Chakkalakal RJ. Capsule Commentary on Pilla et al., Predictors of insulin initiation in patients with type 2 diabetes: an analysis of the Look AHEAD randomized trial. *Journal of General Internal Medicine*, 2018 Jun;33(6):944 Epub ahead of print 2018 Feb 22. PMID: 29470817
17. Clouse K, Motlathledi M, Bonnet K, Schlundt D, Aronoff DM, Chakkalakal RJ, Norris SA. "I just wish that everything is in one place": facilitators and barriers to continuity of care among HIV-positive, postpartum women with a non-communicable disease in South Africa. *AIDS Care.* 2018; 30(sup2):5-10. PubMed Central PMCID: PMC6088383
18. Chakkalakal RJ, Hackstadt AJ, Trochez R, Gregory R, Elasy TA. Gestational Diabetes and Maternal Weight Management During and After Pregnancy. *Journal of Women's Health.* 2019 May; 28(5): 646-653. Epub 2018 Nov 29; Online ahead of print; PubMed PMID: 30457439 PubMed Central PMCID: PMC6537118
19. Wiese AD, Roumie CL, Buse JB, Guzman H, Bradford R, Zalimeni E, Knoepp P, Morris HL, Donahoo WT, Fanous N, Epstein BF, Katalenich BL, Ayala SG, Cook MM, Worley KJ, Bachmann KN, Grijalva CG, Rothman RL, Chakkalakal RJ. Performance of a computable phenotype for identification of patients with diabetes within PCORnet: The Patient-Centered Clinical Research Network. *Pharmacoepidemiology and drug safety.* 2019 May;28(5):632-639. Epub 2019 Jan 24. PubMed PMID: 30680840; PubMed Central PMCID: PMC6615719.
20. Chakkalakal RJ, Connor LR, Rolando LA, Huang Y, Byrne DW, Awalt BM, McGown PW, Aliyu MH, Yarbrough MI. Putting the National Diabetes Prevention Program to Work: Predictors of Achieving Weight-Loss Goals in an Employee Population. *Preventing Chronic Disease.* 2019 Sep 12;16:E125. PubMed PMID: 31517599; PubMed Central PMCID: PMC6818132
21. White RO, Chakkalakal RJ, Wallston KA, Wolff K, Gregory R, Davis D, Schlundt D, Trochez KM, Barto S, Harris LA, Bian A, Schildcrout JS, Kripalani S, Rothman RL. The Partnership to Improve Diabetes Education Trial: A Cluster Randomized Trial Addressing Health Communication in Diabetes Care. *Journal of General Internal Medicine.* 2020 Apr;35(4):1052-1059. Epub 2020 Jan 9. PMID: 31919724; PMCID: PMC7174470.

22. Bachmann KN, Roumie CL, Wiese AD, Grijalva CG, Buse JB, Bradford R, Zalimeni EO, Knoepp P, Dard S, Morris HL, Donahoo WT, Fanous N, Fonseca V, Katalenich B, Choi S, Louzao D, O'Brien E, Cook MM, Rothman RL, Chakkalakal RJ. Diabetes Medication Regimens and Patient Clinical Characteristics in the National Patient-Centered Clinical Research Network, PCORnet. *Pharmacology Research & Perspectives*. 2020 Oct;8(5):e00637. PMID: 32881317; PMCID: PMC7507366.

Oral Presentations:

1. Chakkalakal R, Higgins S, Bernstein L, Doyle J.
Listen to your heart: Deficiencies in cardiac examination of female patients during an objective structured clinical examination
J. Willis Hurst Internal Medicine Residency Program Annual Resident Research Day
Atlanta, GA, January 2008
2. Chakkalakal R, Higgins S, Bernstein L, Doyle J. Listen to your heart: Deficiencies in cardiac examination of female patients during an objective structured clinical examination
Southern Society of General Internal Medicine Annual Meeting
New Orleans, LA, February 2008
Southern Society of General Internal Medicine Best Resident Presentation of the Year Award
3. Chakkalakal RJ, Brownfield ED, Brownfield EL.
Reconstructing Mentorship: Qualitative analysis of themes from panel mentoring sessions.
Southern Society of General Internal Medicine Annual Meeting
New Orleans, LA, February 2008
4. Chakkalakal RJ, Ribner BS and the Emory Healthcare Influenza Task Force.
Utilization of a Mandatory Declination Statement in a Healthcare Worker Influenza Vaccination Program
Georgia Chapter American College of Physicians Annual Meeting
Savannah, GA, March 2008
5. Chakkalakal R, Higgins S, Bernstein L, Doyle J. Listen to your heart: Deficiencies in cardiac examination of female patients during an objective structured clinical examination
Society of General Internal Medicine Annual Meeting
Pittsburgh, PA, April 2008
Society of General Internal Medicine Lipkin Award Finalist
6. Chakkalakal R, Ferguson T, Castejon Welchez MS, Cartwright E, Schmidt S, Bracey J, Fielder O, DiFrancesco L.
Happy Feet: Improving Rates of Performance of Annual Diabetic Foot Exams in Resident Continuity Clinic
Emory University School of Medicine Department of Medicine Grand Rounds
Atlanta, GA, June 2008
7. Chakkalakal R, Higgins S, Bernstein L, Doyle J.
Listen to your heart: Deficiencies in cardiac examination of female patients during an objective structured clinical examination
Johns Hopkins University School of Medicine Division of General Internal Medicine Grand Rounds
Baltimore, MD, November 2008
L. Randol Barker Award, Hopkins General Internal Medicine Housestaff Research Award

8. Chakkalakal RJ, Green JC, Krumholz HK, Nallamotheu BN.
The Effect of Improvements to Race/Ethnicity Data Collection Practices on the Racial/Ethnic Distribution of Hospitalized Patients
Society of General Internal Medicine Annual Meeting
Orlando, FL, May 2012
9. Chakkalakal RJ, Gebretsadik T, Jagasia S, Shintani A, Elasy TA.
Variation in the Relationship between Gestational Diabetes Diagnosis and Total Gestational Weight Gain by Maternal Race/Ethnicity
North American Society for Obstetric Medicine (NASOM) Biennial Meeting
New Orleans, LA, October 2014
10. Chakkalakal RJ, Gebretsadik T, Jagasia S, Shintani A, Elasy TA.
Variation in the Relationship between Gestational Diabetes Diagnosis and Total Gestational Weight Gain by Maternal Race/Ethnicity
Vanderbilt Annual Diabetes Day
Nashville, TN, November 2014
11. Chakkalakal RJ.
Reducing the Burden of Type 2 Diabetes in Women Using the “Teachable Moment” of Pregnancy
Division of General Internal Medicine and Public Health Grand Rounds, Vanderbilt University Medical Center
Nashville, TN, May 2015
12. Chakkalakal RJ.
Reducing the Burden of Type 2 Diabetes in Women Using the “Teachable Moment” of Pregnancy
Diabetes Research and Training Center Seminar Series, Vanderbilt University Medical Center
Nashville, TN, October 2015
13. Chakkalakal RJ.
Implementation of the National Diabetes Prevention Program at the Workplace
NIDDK Site Visit at Vanderbilt University/Vanderbilt University Medical Center
Nashville, TN, August 2018
14. Chakkalakal RJ.
The National Diabetes Prevention Program: Increasing Impact by Improving Uptake
Center for Clinical Quality and Implementation Research, Vanderbilt University Medical Center
Nashville, TN, October 2018
15. Chakkalakal RJ, Connor L, Awalt B, Wertheimer M, Cox E, Yarbrough M.
Increasing Access to an Employer-Based Diabetes Prevention Program (DPP) by Utilizing Telehealth
Society of General Internal Medicine Southern Region Annual Meeting
Houston, TX, February 2019
16. Chakkalakal RJ.
The National Diabetes Prevention Program: Increasing Impact by Improving Uptake
Division of General Internal Medicine and Public Health Grand Rounds, Vanderbilt University Medical Center
Nashville, TN, October 2019

17. Chakkalakal RJ.
Distance Learning for the National Diabetes Prevention Program (DPP): Improving Reach to Increase Impact
2020 Vanderbilt Translational Research Forum, Vanderbilt University Medical Center
Nashville, TN, October 2020
Plenary Speaker
18. Chakkalakal RJ.
Preventing Diabetes at a Distance
Vanderbilt Diabetes Day 2020: Molecules to People, Vanderbilt University Medical Center
Nashville, TN, November 2020
19. Hatcher JB, Chakkalakal RJ, Niswender KD.
Using Health Professions Students to Expand the Reach of the Diabetes Prevention Program
Flash talk, Vanderbilt Diabetes Day 2020: Molecules to People, Vanderbilt University Medical Center
Nashville, TN, November 2020

Poster Presentations:

1. Chakkalakal R, Higgins S, Bernstein L, Doyle J.
Listen to your heart: Deficiencies in cardiac examination of female patients during an objective structured clinical examination
ACGME/ABMS Joint Conference “Physician Competence: From Deconstruction to Reconstruction”
Rosemont, IL, September 2007
2. Chakkalakal RJ, Ribner BS and the Emory Healthcare Influenza Task Force.
Utilization of a Mandatory Declination Statement in a Healthcare Worker Influenza Vaccination Program
J. Willis Hurst Internal Medicine Residency Program Annual Resident Research Day, Atlanta, GA, January 2008
3. Chakkalakal R, Ferguson T, Castejon Welchez MS, Cartwright E, Schmidt S, Bracey J, Fielder O, DiFrancesco L.
Happy Feet: Improving Rates of Performance of Annual Diabetic Foot Exams in Resident Continuity Clinic
J. Willis Hurst Internal Medicine Residency Program Annual Performance Improvement Project Conference
Atlanta, GA, April 2008
4. Chakkalakal RJ, Brownfield ED, Brownfield EL.
Reconstructing Mentorship: Qualitative analysis of themes from panel mentoring sessions
Society of General Internal Medicine Annual Meeting
Pittsburgh, PA, April 2008
5. Chakkalakal, RJ, Desai, M, Fox, J, Nunez-Smith, M, Krumholz, HK, Nallamotheu, BN, and Hasnain-Wynia, R.
The Effect of a Standardized Race/Ethnicity Data Collection Strategy on Hospitalization Rates for Acute Myocardial Infarction among Asian Americans
Robert Wood Johnson Foundation Clinical Scholars Program National Meeting
Washington, DC, November 2011
6. Chakkalakal RJ, Green JC, Krumholz HK, Nallamotheu BN.

The Effect of Improvements to Race/Ethnicity Data Collection Practices on the Racial/Ethnic Distribution of Hospitalized Patients
AcademyHealth Annual Research Meeting
Orlando, FL, June 2012

7. Chakkalakal RJ, Sanders L, Yin S, Perrin E, Rothman R.
Factors Affecting the Health Literacy of Hispanic Adults Living in the US
Society of General Internal Medicine Annual Meeting
Denver, CO, April 2013
8. Chakkalakal RJ and Rothman R.
Examining Gender Differences in Cardiovascular Disease Risk Factors among Low-Income Diabetic Patients
Society of General Internal Medicine Annual Meeting
Toronto, ON, April 2015
9. Chakkalakal RJ and Elasy TA.
Dietary Self-Care Behaviors During and After Pregnancy among Women with Gestational Diabetes
American Diabetes Association's 76th Scientific Sessions
New Orleans, LA, June 2016
10. Chakkalakal RJ and Elasy TA.
Risk Perception and Screening for Type 2 Diabetes among Women with Gestational Diabetes
Society for Women's Health Research Biennial Meeting
Colorado Springs, CO, September 2016
11. Burks M, Cozzi G, Wang L, Jagasia S, Chakkalakal RJ.
Socioeconomic Status and Care Metrics for Women Diagnosed with Gestational Diabetes Mellitus
Third Annual Endocrine Fellows Foundation Research Meeting
Dallas, Texas, January 2017
12. Chakkalakal RJ, White RO, Schildcrout J, Stanley B, Wallston K, Rothman RL.
Evaluating Glycemic Control in Low-Income Patients with Type 2 Diabetes
Society of General Internal Medicine Annual Meeting
Washington, DC, April 2017
13. Chakkalakal RJ, Silver HJ, Elasy TA.
The Glycemic Index in Routine Clinical Practice for Women Diagnosed with Gestational Diabetes
American Diabetes Association's 77th Scientific Sessions
San Diego, CA, June 2017
14. Chakkalakal RJ, Hackstadt AJ, Elasy TA.
Diagnosis and Management of Gestational Diabetes Improves Maternal Weight Management During Pregnancy
American Diabetes Association's 77th Scientific Sessions
San Diego, CA, June 2017
15. Chakkalakal RJ, Hackstadt AJ, Bonnet K, Schlundt DG, Silver HJ, Elasy TA.
Changes in Diet Quality during the Perinatal Transition for Women diagnosed with Gestational Diabetes
Society of General Internal Medicine Annual Meeting
Denver, CO, April 2018

16. Chakkalakal RJ, Connor LR, Rolando LA, Byrne DW, Awalt BM, McGown PW.
Short-term and Long-term Weight Loss in an Employer-Based Diabetes Prevention Program.
American College of Preventive Medicine Annual Meeting
Chicago, IL, May 2018
17. Chakkalakal RJ, Hackstadt AJ, Silver HJ, Elasy TA.
Postpartum Relapse in Diet Quality among Women Diagnosed with Gestational Diabetes
American Diabetes Association's 78th Scientific Sessions
Orlando, FL, June 2018
18. Bachmann KN, Roumie C, Wiese AD, Grijalva CG, Buse JB, Bradford R, Zalimeni EO, Knoepp P, Morris HL, Donahoo WT, Fanous N, Fonseca V, Katalenich B, Cook MM, Rothman RL, Chakkalakal RJ.
Prevalence of Diabetes Medication Regimens in PCORnet, the National Patient-Centered Clinical Research Network
American Diabetes Association's 79th Scientific Sessions
San Francisco, CA, June 2019
19. Chakkalakal RJ, Connor LR, Rolando LA, Huang Y, Byrne DW, Awalt BM, McGown PW, Aliyu MH, Yarbrough MI.
Short-term and Long-term Weight Loss in an Employer-Based Diabetes Prevention Program.
Art & Science of Health Promotion Conference
Hilton Head, SC, April 2019
20. Cox E, Yarbrough M, Rolando L, Chakkalakal RJ, Connor L.
Engaging employees to participate in a workplace Diabetes Prevention Program (DPP)
American Public Health Association Annual Meeting
Philadelphia, PA, November 2019
21. Kloosterman N, Divakar S, Huszagh MC, Hatcher JB, Grimaldi CG, Carranza-Leon D, Li X, Suleiman L, Chakkalakal RJ, Niswender KD.
Assessing the Implementation of a Diabetes Prevention Program in a Student-run Free Clinic Setting
Vanderbilt Symposium on Implementation Research in the Learning Health System
Nashville, TN, November 2020

Other Workshops/Presentations:

1. Workshop Panelist
"Highways and Byways to a Career in Academic General Internal Medicine"
Fluker SA, Chakkalakal RJ, Higdon J, Higgins S, Mitchell C.
Society of General Internal Medicine Annual Meeting, Denver, CO, April 2013
2. Workshop Panelist
"Ready, Set, Go! Preparing for a Career in Academic General Internal Medicine"
Fluker SA, Chakkalakal RJ, Wei M, Rosenberg EI, Watts B, Higgins S.
Society of General Internal Medicine Annual Meeting, Hollywood, FL, May 2016
3. Invited Panelist
"From Adversity to Opportunity: Silver Linings of COVID19 for Diabetes Prevention in TN"
Annual Tennessee Diabetes Prevention State Engagement Meeting (StEM)
Tennessee Department of Health, Nashville, TN (Video-teleconference), June 2020
4. Invited Panelist
"Moving to the Next Normal: Reestablishing our Connections"

Annual Tennessee Diabetes Prevention State Engagement Meeting (StEM)
Tennessee Department of Health, Nashville, TN (Video-conference), June 2021